Healthy cities: a citizen- and nature-centred approach in the city of Utrecht, the Netherlands



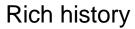






Utrecht's main qualities







Citie surrounded by landscapes



Centrally located in the Netherlands



Knowledge cluster

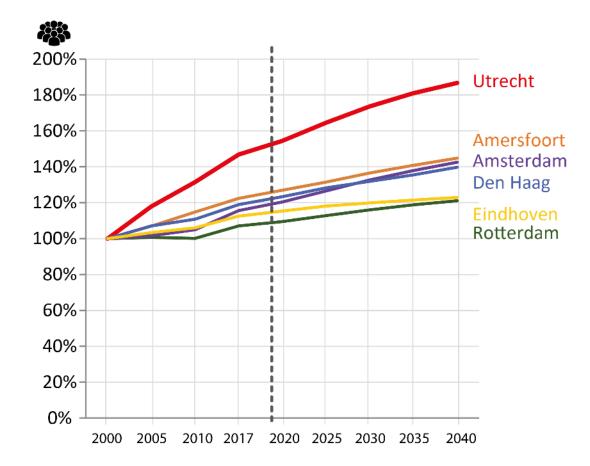


Large city with a human scale



Growth of the city







Cities and citizens' needs are changing

- Changing housing market: increased inequalities
- Access to services: increasing inequalities and higher demands
- Increase of jobs, but changes in sectors and needs for offices
- Increase in mobility, deliveries, walking and biking, cleaner transportation, innovation
- Increase in (orgnised and free) sporting at sport facilities and in public space
- Energy transition: needs space above and under ground
- Digitalisation: smart city approaches





It's getting more crowded

Remke Spijkers



Utrecht during the corona pandemic





Utrecht: during corona pandemic

Source: AD

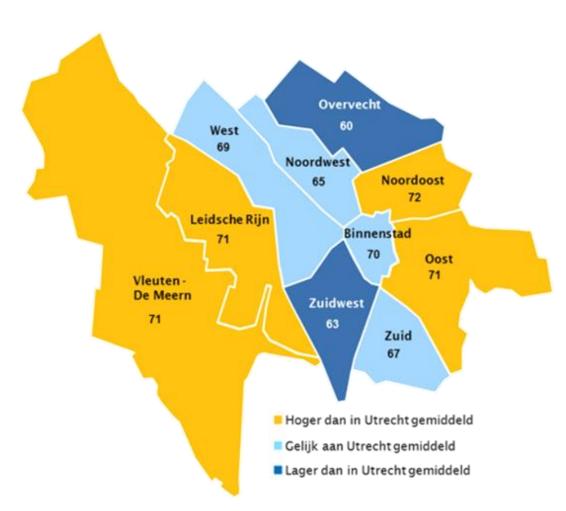


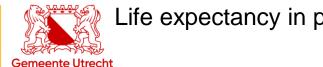


Source: DUIC

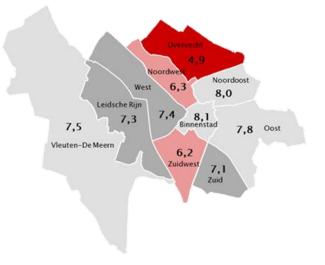


Health inequalities increased due to corona

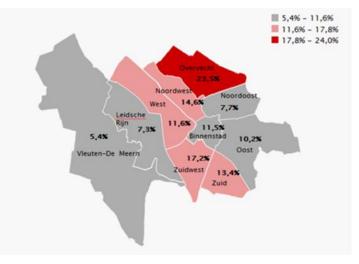




Life expectancy in perceived good health



Appreciation of neighbourhood

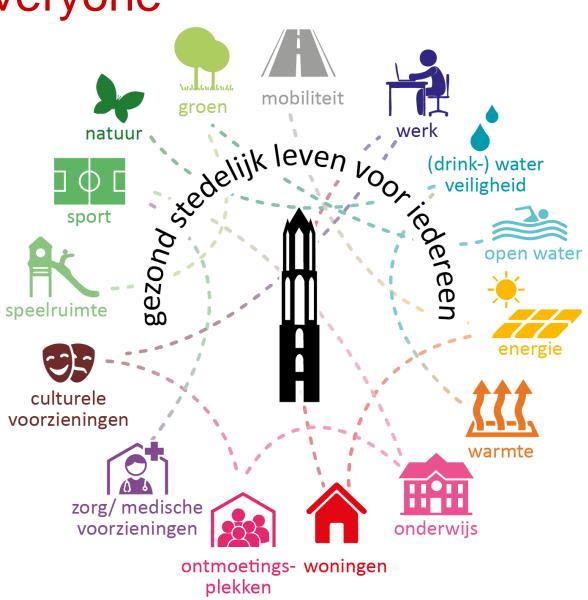


Income



Healthy Urban Living for Everyone

Healthy Urban Living for Everyone Connecting the dots





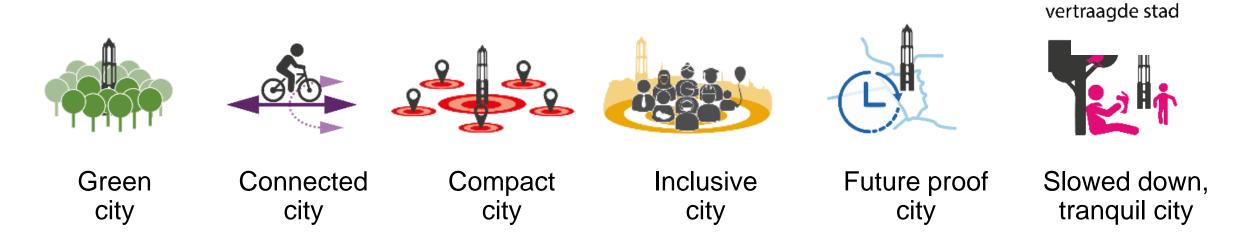
Utrecht nearby: ten-minutes city

- Growth is used to strengthen qualities of city and surrounding landscapes
- Urban planning means applying Utrecht barcode
- Proximity is crucial
- Network of green and mobility structures
- Merging and combining of functions





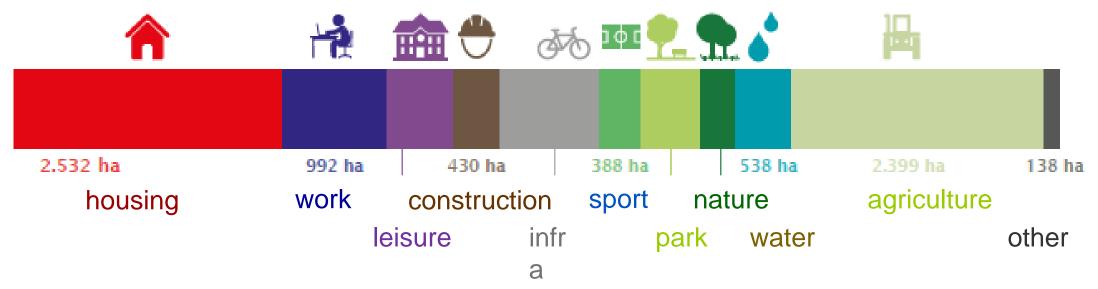
Utrecht ten-minutes city: city profiles





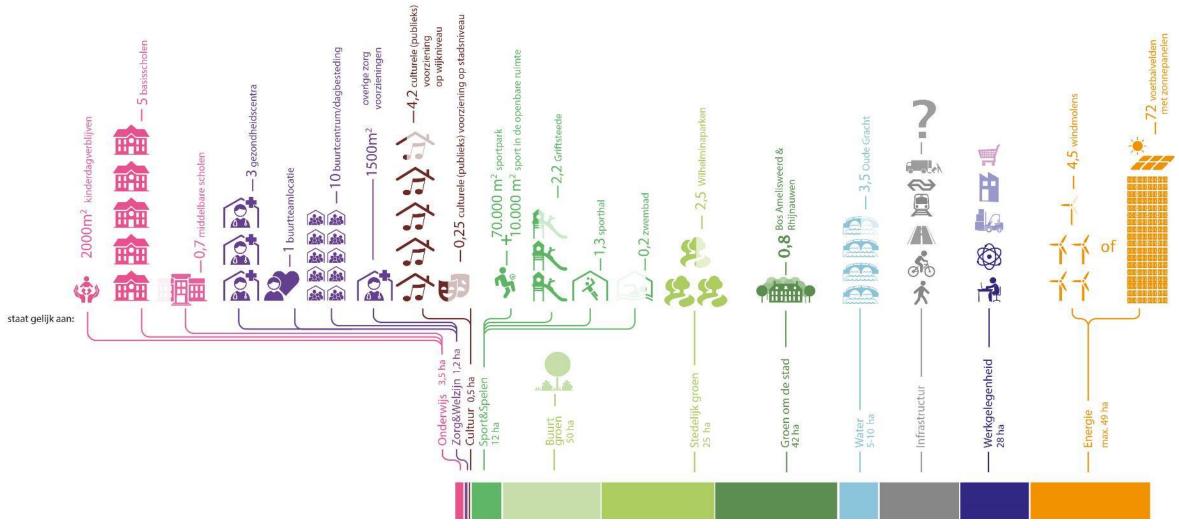
Utrecht Barcode

9.921 ha totaal



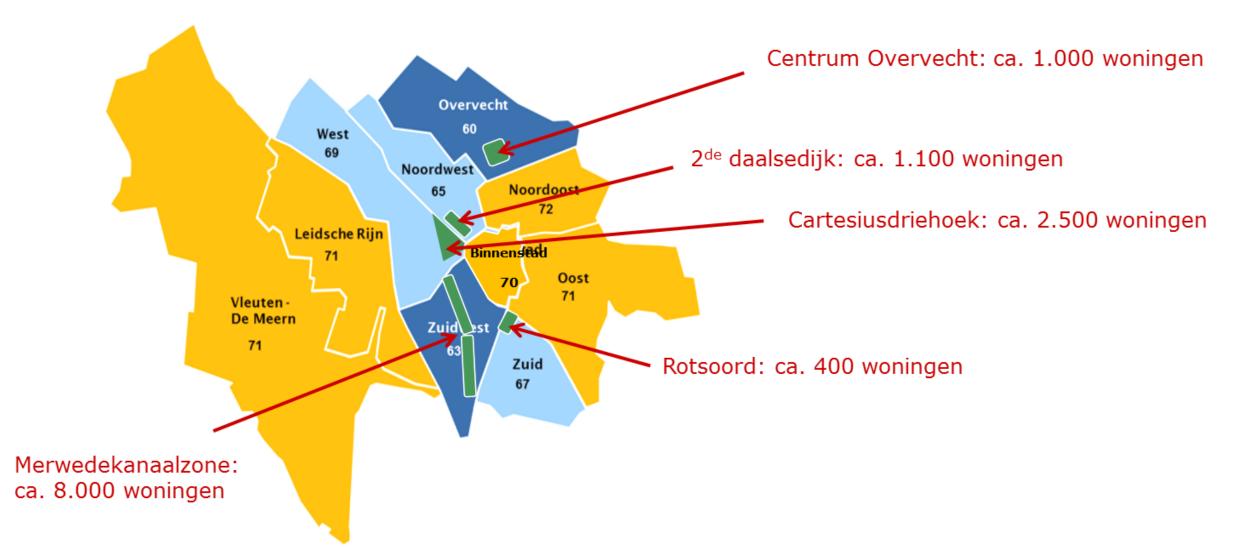


10.000 extra dwellings means as well...





Everyone benefits from the growth of the city

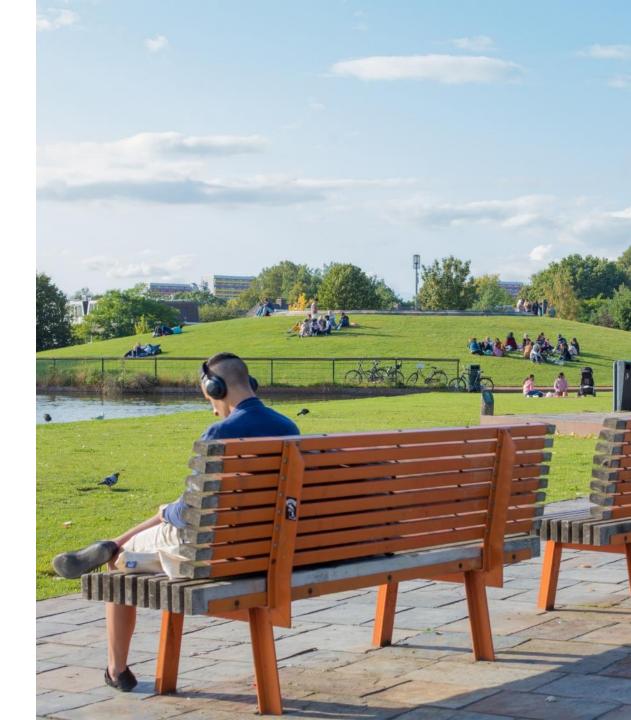


Green structure: some examples

Alle getoonde artist impressions van Cartesius Utrecht dienen slechts ter indicatie.

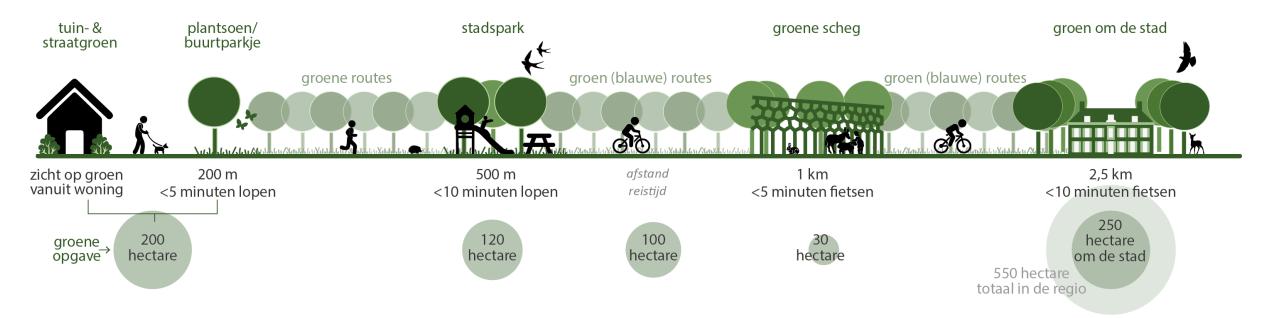
Green and climateproof

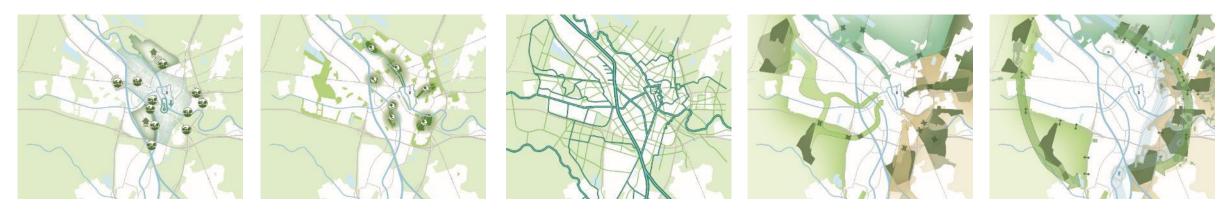
- Increase of green at house, street, neighbourhood and city level
- At walking and biking distance
- Goal: minimum of 40% green in every neighbourhood
- Green unless....
- Every urban development (plan) invests in increased local biodiversity
- Increasing accessibility of existing green
- Mutlifunctional green





Green and climate proof







Singel from 8 lane highway to restored waterway







Wonderwoods







1 1 10 Mobility structure: some examples

Parking facility for 12.500 bicycles









Lessons learned....

Questions, contact or more information?

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Dedicated website of Dutch government see (in English) https://www.government.nl/topics/c/c oronavirus-covid-19



