

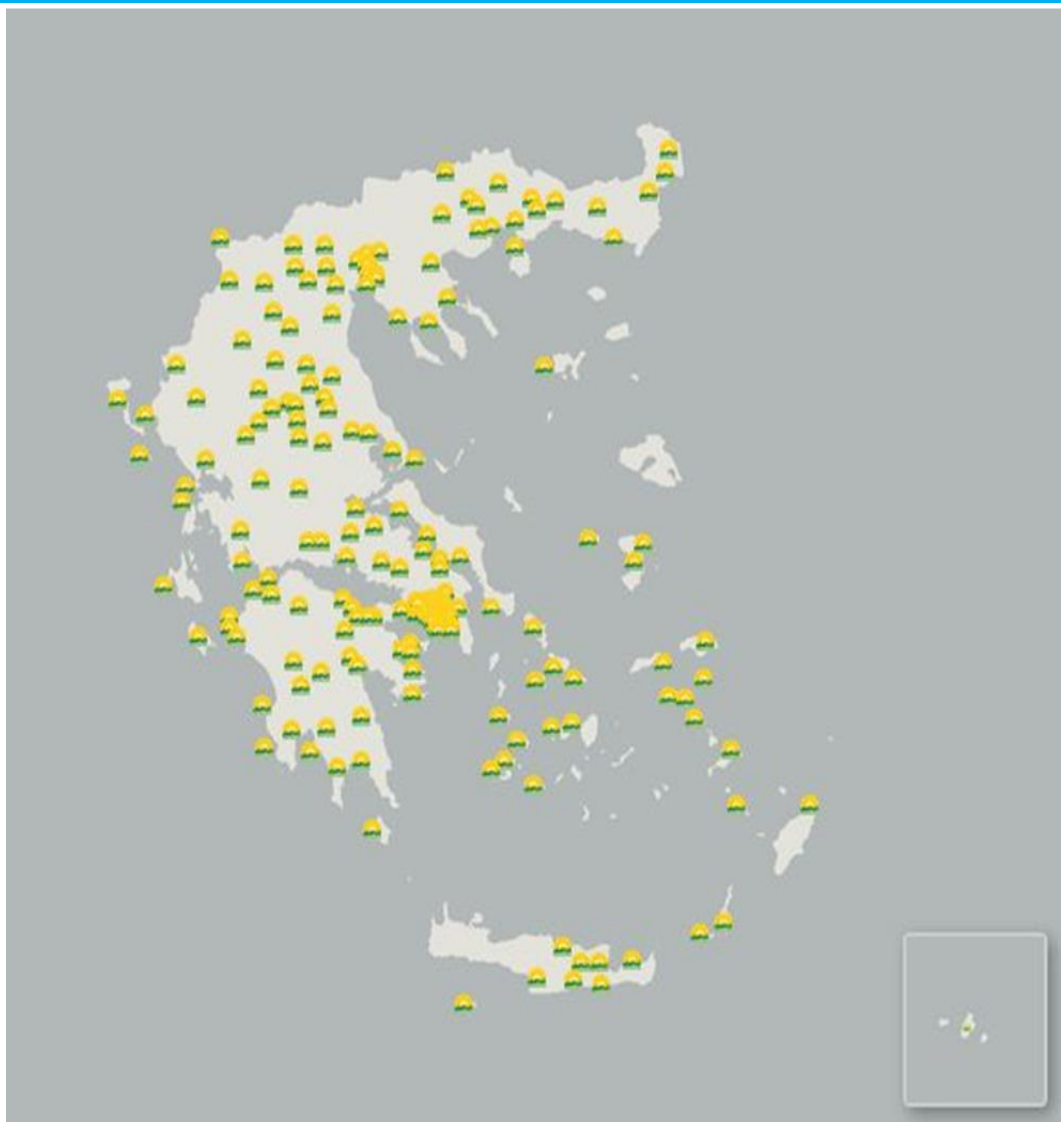


WHO – HELLENIC HEALTHY CITIES NETWORK
International Healthy Cities Forum: "Healthy Cities. Healthy Nutrition for Children"
Kazan (Russian Federation)
June 1-3, 2021

Hellenic Healthy Cities Network. Moving forward.. .

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Cities Networks

Hellenic Healthy Cities Network-WHO



GREECE. Country facts

Population: 10,815,197 (census 2011)
10,761,523 (July 2018 est.)

Population by gender (percentage)

Male : 49%

Female : 51%

Age structure

0-14 years: 14.2%

15-64 years: 66.2%

65 years and over: 19.6%

Life expectancy at birth

total population: 80.7 years. Country comparison to the world: 36th

male: 78 years

female: 83.4 years (2017 est.)

Population living in Healthy Cities, almost 85%

Structure and overview of the network

The **Hellenic Healthy Cities Network** is the Network of Greek Municipalities, accredited by WHO as full member in the NETWORK of WHO National Healthy Cities Networks in European Region

Today consists of **236** Municipalities and **2** Regions

It was **first established in 1991** and later registered as a legal organization in **1994**.

The Hellenic Healthy Cities Network in its current form was established in **2011**, after the merging of three Cities Networks. These Networks merged under the Healthy Cities Umbrella to create a unified Hellenic Healthy Cities Network.

Over the years, the Network underwent a series of reorganizations, designed to make it more robust. The last one was in **April 2019** and introduced many changes.

The **Municipalities in Greece are not only cities**, but greater areas including cities and villages.

Administrative Bodies

The network is governed by its

- **General Assembly.** Members are Municipalities and Regions
- **Board of Directors**, (13 members), elected every four years with a geographical balance. It operates as the Steering Committee of the Network. The Chair of the Board is elected from the Members of the Board.
- **General Director**

and **is assisted by its**

- **National Coordinator**, who is appointed by the Board of Directors
- **Scientific Council (42 members)** volunteers, experts from different sectors, politicians or employees in the Municipalities,

Last Year, a new Body was established, **the Advisory Committee** (consisting of former members of the Board of Directors), assisting the Board of Directors.

Legal Status

The network is a **not-for-profit company** and its revenue comes from membership fees and sponsorship.



Way of Work

- 4 Business Meetings each year
- One Annual Conference
- Daily Networking using phone, messenger, skype, live on-site meetings, emails.
- Thematic Conferences
- Geographical Meetings.

Partnerships

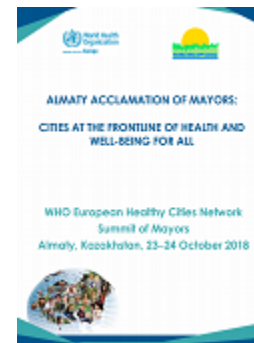
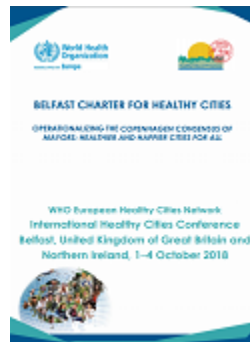
- Universities
- Regions
- Scientific associations
- NGOs
- Civil Society

Tools

- WHO Policies and Literature
- Network's Policies
- Media
- Health Profiles
- Health Plans



Phase VII 2019-2024



The HHCN's overall objective is to provide cities with the scientific and technical support they need to implement the healthy cities program, according to the criteria set by WHO for European National Healthy Cities Networks and their member cities.

STRATEGIC AND ACTION PLAN OF THE HELLENIC HEALTHY CITIES NETWORK 2019-2024

Approved by the Board of Directors on Thursday, January 20, 2020

A. NETWORK STRATEGY PLANNING

the Hellenic Network recently updated its Constitution in order to be fully harmonized with the requirements of the WHO Healthy Cities 7th Phase.

Following this, the Board of Directors approved unanimously a new Action Plan for the **period 2019-2024.**

Accordingly, it was decided:

- ❑ To give special importance **to the adoption of the methodology** and the way of working of the Healthy Cities by all the members .
- ❑ To proceed with the translation of the technical texts and instructions of the WHO on the individual policies and the implementation of programs related to the main issues of the Healthy Cities policy.
- ❑ To use the website, social networking and any other possible way or media in order for the Member Municipalities to have **access to all the required know-how.**
- ❑ To organize regional Business Meetings on a regular basis in order to help Municipalities of the region.
- ❑ To emphasize in the creation of the **Health Profiles and Health Plans** of the Municipalities and Regions
- ❑ To give special emphasis to the new **participation of the Regions** in the Network and organize and **promote the synergy between Municipalities and Regions**

- ❑ To continue to organize a series of programs, actions and structures that will concern all the Municipalities of the Network for all the main issues concerning the implementation of the Program.
- ❑ To use the **Scientific Council** even more and to promote to all members the policies that have been produced.
- ❑ To organize training seminars for the executives of the Municipalities for the implementation of the specific policies.
- ❑ **To create a network of reliable** partners with whom we will work on a case by case basis.
- ❑ **To conclude a protocol of cooperation** with public bodies, University Institutions and organizations with similar objectives at national level and at regional and local level in cooperation with each city.

B. STRATEGY FOR THE DEVELOPMENT OF THE PROGRAM IN THE MEMBER MUNICIPALITIES.

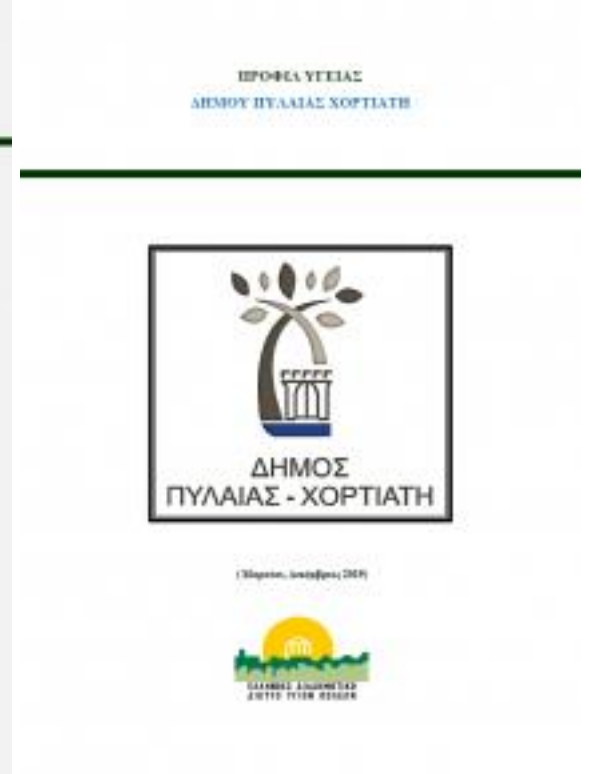
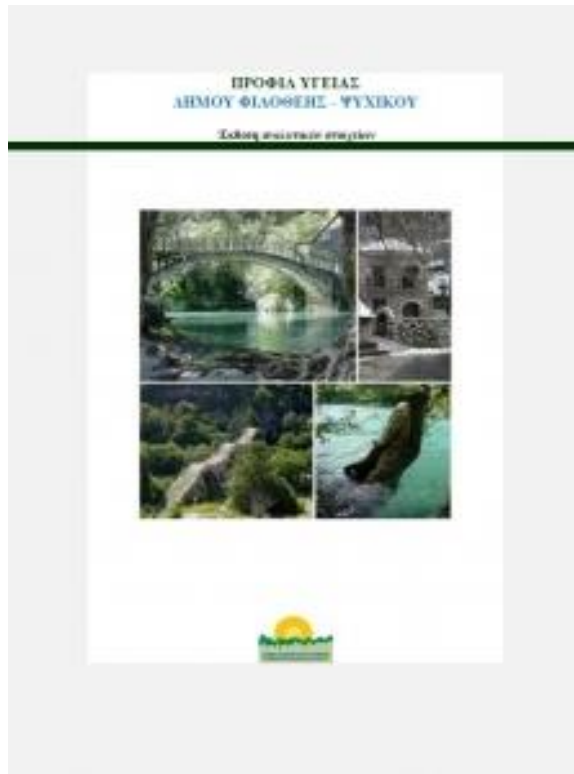
The Network should:

- ❑ **Provide know-how**, consulting and establish working meetings with the Member Municipalities.
- ❑ **Support** the Municipalities **fulfill the criteria set by the WHO** for the member cities and also support them organize their own local program.
- ❑ **Organize a series of actions** that will target member cities and their population.
- ❑ **Assist** member cities in developing the partnerships they will need.

Our aspiration for Phase VII include:

- The further growth of the Network
- The implementation of the Health profiles and Health Action Plans by all the Municipalities of the Network.
- To promote cooperation between the regions and the state.
- To promote cooperation of the Universities with the Network.
- The creation of Health Prevention Centers in all Municipalities.
- The creation of Mental Health Centers in all municipalities.
- The proper functioning of the Steering Committee in each Municipality.
- The development of intersectoral collaborations within each Municipality.
- Increasing citizen participation in the decision-making.
- The cooperation of the Network with the associations of the various vulnerable groups.
- The Networking of the Municipalities within the Network
- The Networking of the Network with other Greek Networks.
- The Networking of the Network with other National Networks in Europe and abroad.
- The search for more European resources.

HEALTH PROFILES



The important role of the Scientific Council

Chair. A Professor of Preventive and Social Health from Athens University Medical School.

Members. High qualified Politicians and Coordinators from the Cities members, from different sectors of Science.

There are: Sociologists, Psychologists, Social Workers, Doctors, Physiotherapists, Urban Planners, Architects, agronomists, chemicals, engineers, Computer Scientists, a lawyer, an economist, occupational therapists, , hygienist, public health supervisors.

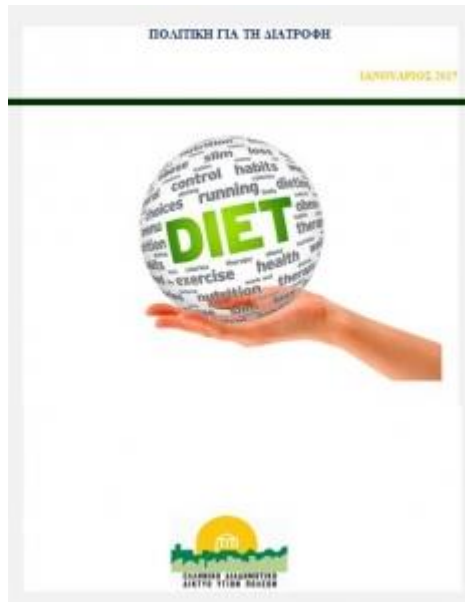
Main Aim

The main mission is the elaboration of WHO policies and their localization, so that they are implemented by the members of the Network. This elaboration takes into account the Greek legislation, the responsibilities as well as the financial capacities of the Municipalities and the methodology of the Healthy Cities Program.

As of October 2020, there are **29 Working Groups that work on 29 different topics**. Five of these Working Groups operate exclusively for the COVID-19 pandemic and support the Member Municipalities.

The work of all the members of the Council is voluntary.

Health Policies



Main Pillars of planning and implementing the Healthy City policy

Health. Physical and Mental. Promotion, Prevention and Health Education

Social Policy. Problems, needs.

Equity in Health

Financial environment.

Urban and natural environment. Accessibility and infrastructure of the city. Friendly cities, green, cleanliness, water and air quality, pollution, noise pollution, city plan.

Transport

Security and safety

Sport

Culture

New technology, e-Health

Working with City Coordinators and Politicians for ART, Physical Activity and Health Policies



Working group for Transportation Policy



COVID 19 POLICY

<http://www.eddypy.gr/odigies-covid-19>



Working Groups

Children, Parents

Elderly

Employees

Hygiene of Work places, Hygiene of the City

New legislation , new structures, guidelines

Localization of the 2030 Agenda

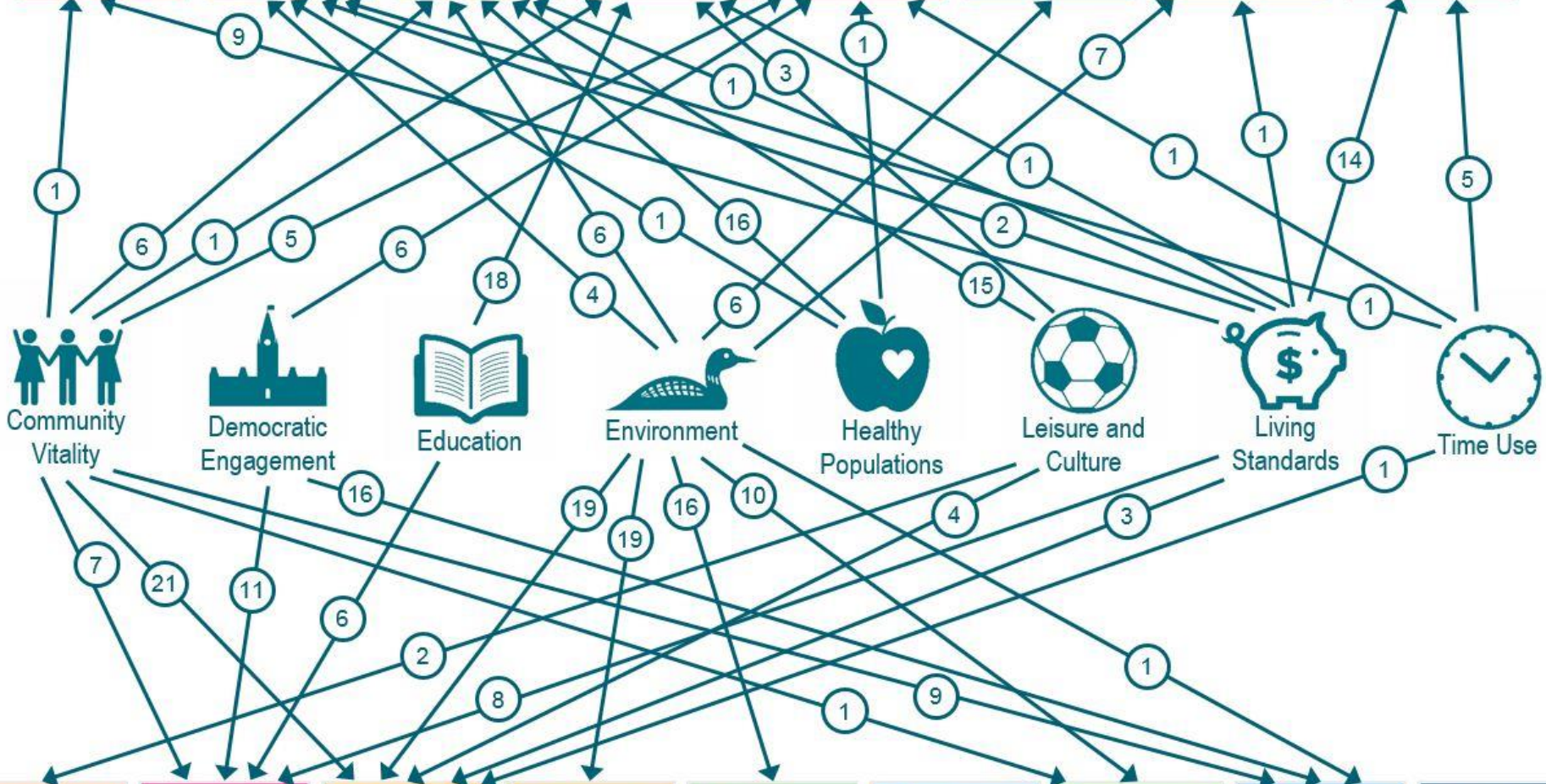


 World Health Organization
Member Office in Europe

 Organisation mondiale de la Santé
Membre Office en Europe

 Weltgesundheitsorganisation
Mitglied Büro in Europa

 Всемирная организация здравоохранения
Членство в Европе







Thank you !!